



★ Mother Goose Time ★

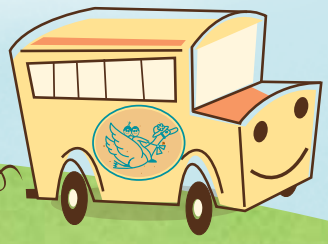
# Monthly Lesson Plan Book

Preschool Educational Program



Sample 2008

Me and My Friends  
Transportation

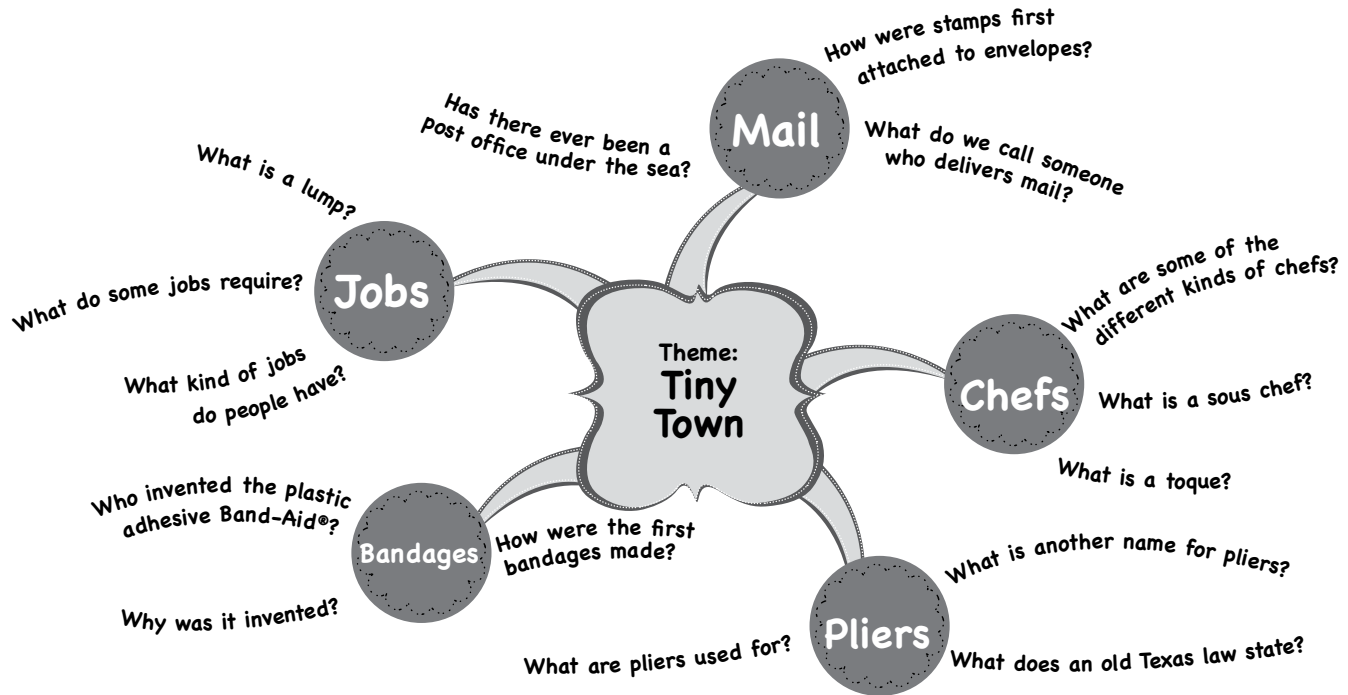


Inspiring Lifelong Learners



# November Theme Web

Monthly Theme Webs give you an overview of each theme with key questions to stimulate your preschooler's thinking.



## November Preschool Skills - Tiny Town

The Mother Goose Time program is carefully planned to include activities with a balance of important preschool skill experiences. The activities are designed to help children grow and develop socially, emotionally, physically and intellectually.

### Physical

#### Fine Motor

- Class Book:
- Working in Tiny Town .....p. 27
- American Sign Language – Wash .....p. 28

#### Gross Motor

- Musical Squares .....p. 15
- Running Errands.....p. 35

#### Sensory Experiences

- Feel Bag: Bandage.....p. 18
- Salt Dough.....p. 28

### Social, Emotional

#### Interaction With Others, Cooperation, Sharing, Role-Playing

- Job Prop Boxes .....p. 21
- Dramatic Play: Restaurant ....p. 23

#### Safety, Self-Help, Independence, Confidence

- Name Tags.....p. 16
- Traffic Light.....p. 36

#### Following Directions

- Sirens Off, Sirens On.....p. 25
- Participation Story: My Job ... p. 17

### Cognitive

#### Language (verbal, discussion)

- Book Discussion:
- Bear at Work* .....p. 20
- Cross the Street.....p. 37

#### Listening Skills, Auditory Discrimination

- Book: *Bear at Work* .....p. 20
- Pounding Nails.....p. 26

#### Visual Skills, Visual Discrimination, Visual Memory

- Guessing Game:
- Tiny Town Doctor.....p. 18
- Typing on the Computer .....p. 30

#### Print Awareness (differentiating between letters & numbers, exploring letters and letter-sound connections)

- Learning Letter Cards.....p. 22
- My Little Journal:
- Tiny Town.....p. 37

#### Knowledge (critical thinking, facts)

- Fun Facts About Chefs ..... p. 28
- Fun Facts About Mail..... p. 32

#### Patterning, Measurement, Graphing, Estimation, Counting, One-to-One Correspondence

- Measuring with Bandages....p. 18
- Honeycombs .....p. 29

#### Problem Solving, Reasoning, Spatial Skills

- Numbers at the Market.....p. 14
- The Name Game .....p. 16

#### Observation, Predictions, Comparisons, Ordering

- Graph: Who do I want to be? .....p. 20
- Fingerprints .....p. 25

#### Classification, Sequencing, Sorting

- Job Match .....p. 16
- Folder Game:
- Tiny Town Jobs.....p. 26

### Number, Letter, Shape, Color

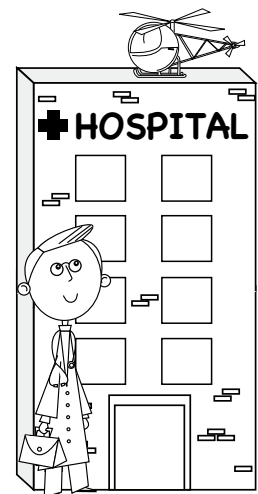
- Painter's Palette.....p. 14
- Hands-On Alphabet .....p. 21

### Creative Expression

- Chef Bag Puppet.....p. 29
- Computer.....p. 30

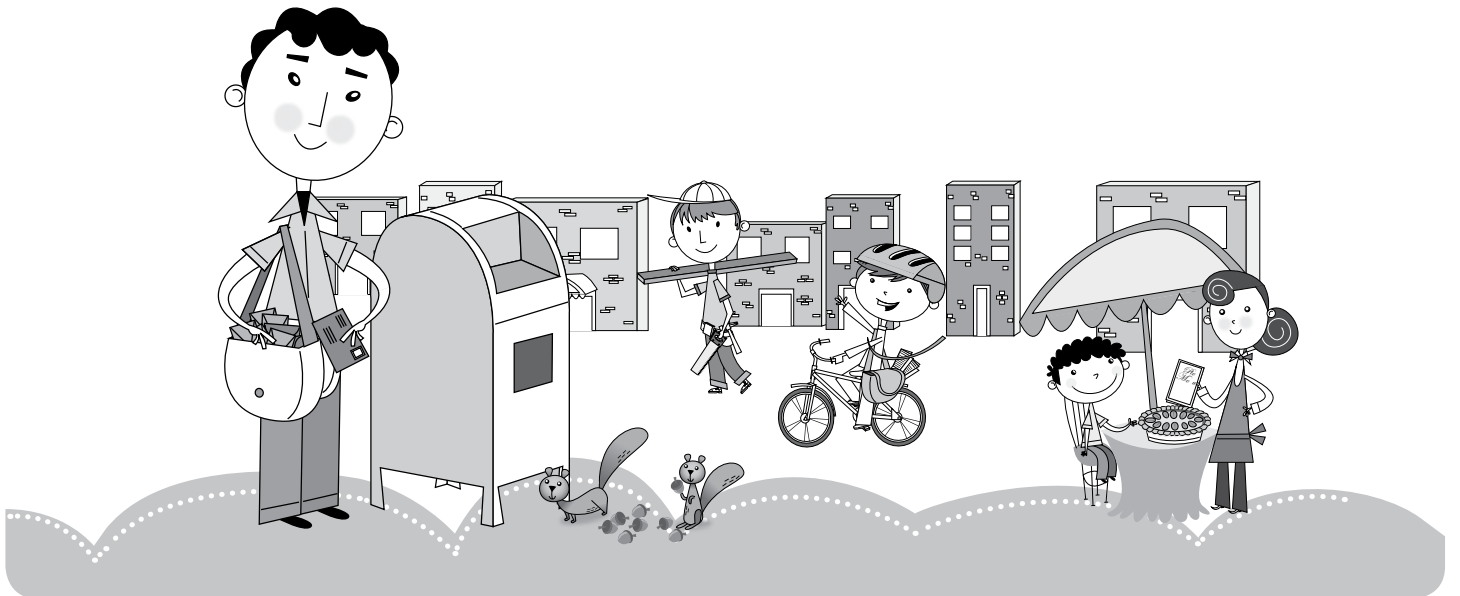
### Music & Rhythm

- Bricks and Sticks.....p. 15
- Tissue – Ahhh-Choo!.....p. 19





# Tiny Town






**Day 3**

Wednesday, November 5, 2008

Theme: **Tiny Town**



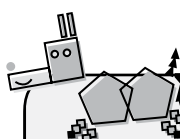
**circle time** 1

1. Greeting Song
2. Greet Each Child
3. Circle Time Calendar  
Today's Calendar Sticker – Chef
4. Weather Puppet
5. The Weather This Week
6. Daily Question  
Why was the bandage invented?



**fun facts about bandages**

- The plastic adhesive Band-Aid® was invented by a man named Earle Dickson.
- He created it so his wife would be able to use them without needing any help if he was away.
- The first bandages (that were produced by Johnson & Johnson) were handmade.




**math puzzles** 3

### Measuring With Bandages

**Activity – Children and Adult**

1. One at a time, measure each child's foot, using the bandages. (Leave the bandages in their wrappers.)
2. Count the number of bandages it takes to measure each child's foot.
3. Repeat until each child's foot has been measured with bandages.
4. Ask children to find something to measure that is longer than their foot. Measure the object with bandages. How many bandage lengths is the object measured?



**mystery bus** 2

### Feel Bag: Bandage

**Skills**

- Cooperation
- Reasoning
- Tactile acuity

**Provided Supplies**

- One bandage

**Your Supplies**

- Paper bag or Mystery Bus

**Adult Preparation**  
Put the bandage in the paper bag or Mystery Bus.

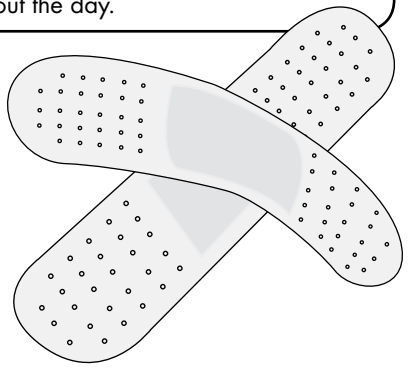

**Activity – Children and Adult**

1. Allow each child to reach into the bag or Bus (without looking) and feel the object.
2. Ask children not to guess what the object might be until everyone has had a turn to feel it.

**3. Discussion:**

- When is a bandage needed? (When someone has been hurt with a cut, scrape, etc.)
- Share about a time when you needed a bandage.

**Note:** Leave bandages in wrappers, as they will be used for several activities throughout the day.

**brain game** 4

### Guessing Game: Tiny Town Doctor

**Skills**

- Auditory discrimination
- Reasoning
- Visual acuity

**Provided Supplies**

- Guessing Game: Tiny Town Doctor sheet

**Your Supplies**

- Scissors
- Paper bag or Mystery Bus

**Adult Preparation**

- Cut apart the Guessing Game sheet to create cards.
- Place the mystery picture of the doctor in the bag or Bus.

**Activity – Children and Adult**

1. Each picture card is a clue.
2. Show one card at a time to children.
3. Children guess which picture is in the bag.





**tunes & twirls** 5

- Skills**
- Gross motor
  - Language
- Provided Supplies**
- Tiny Town CD
  - Movement Card
- Your Supplies**
- CD player

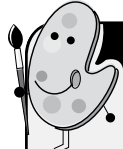
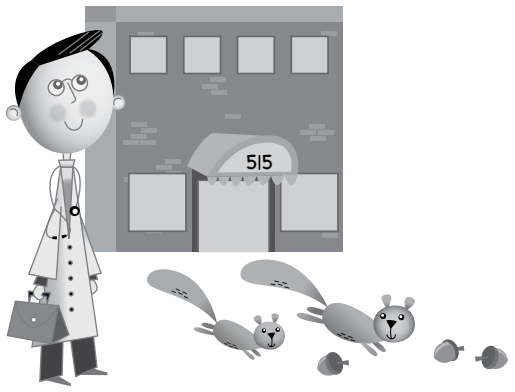
**Tissue – Ahhh-Choo!**  
Original Mother Goose Time Music  
Track 6

**My nose is running all around.**  
(run in place)  
**Ahh-choo! What a big, big sound!**  
(hold finger above lips and pretend to sneeze)  
**I've got to catch it; it won't stop.**  
(pretend you are trying to grab something with your hands)

**I must be sick; I need the doc!**  
(place back of palm against forehead)

**Doctor, what is wrong with me?** (shrug shoulders)  
**I don't feel good, can't you see?** (hold stomach)  
**Ahh-choo!** (hold finger above lips and pretend to sneeze)  
**I need a tissue.** (pretend to look in pockets for a tissue)  
**Ahh-choo!** (hold finger above lips and pretend to sneeze)  
**I need a tissue.** (pretend to look in pockets for a tissue)

**Little one, you must lay down,** (lay down on the floor)  
**the doctor said with a frown.**  
(draw an upside-down U in the air)  
**It's no time to run around.** (run in place and shake head NO)  
**Now, go to bed without a sound.**  
(place palms together and rest against head)



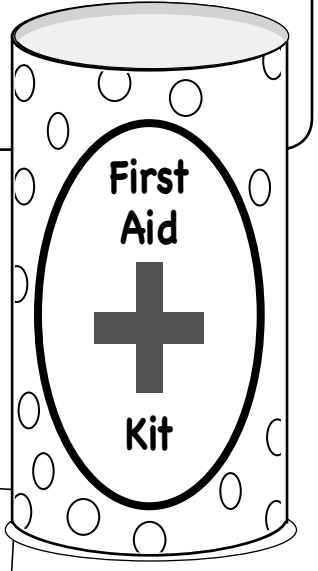
**art studio** 7

- Skills**
- Counting
  - Fine motor
  - Safety
- Provided Supplies**  
For each child
- Cardboard tube (loose in box)
  - End cap
  - Two bandages
  - First-Aid Kit wrapper
- Your Supplies**
- Two or more colors tempera paint
  - Shallow containers
  - Paintbrushes
  - Hole punch
  - Glue or glue stick(s)

**First-Aid Kit**  
For complete activity directions, see the instruction sheet in the Day 3 Materials Bag.

**Tip:** Allow children time to explore textures and materials included with this art project. Remember, it is the process that supports learning, not the product. Encourage children to make their project their own; all projects do not need to look alike or resemble the graphics.

**Adult Preparation**  
Pour each color of paint into shallow containers.



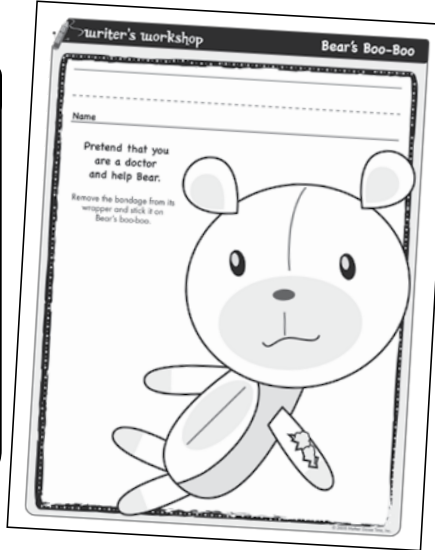
**writer's workshop** 6

- Skills**
- Creative art exploration
  - Fine motor
  - Spatial reasoning
- Provided Supplies**  
For each child
- Bear's Boo-Boo sheet
  - One bandage

**Bear's Boo-Boo**  
Activity – Children's Directions

1. Color your activity sheet as desired.
2. Remove the bandage from its wrapper and stick it onto Bear's boo-boo.

**Note:** The remaining bandages will be used in the First-Aid Kit activity.



# Day 7



Tuesday,  
November 11,  
2008

Theme:  
Tiny Town



## circle time

1

1. Greeting Song
2. Greet Each Child
3. Circle Time Calendar  
Today's Calendar Sticker – Squirrel
4. Weather Puppet
5. The Weather This Week
6. Daily Question  
What are pliers used for?



## fun facts about pliers

- Pliers are usually used for gripping objects.
- "Needle Nose" is another name for the long-nose pliers.
- There is an old law in the state of Texas that makes it illegal to carry pliers.



## tunes & twirls

3

### Pounding Nails

(Instrumental)

Original Mother Goose Time Music  
Track 14

Repeat the Rhythm

During this instrumental, children dance in their own space as they listen to the music. When you hear the pounding sound, listen to the beat. During the pause, children repeat the pounding rhythm by clapping.

#### Skills

- Gross motor
- Language
- Role-playing

#### Provided Supplies

- Tiny Town CD
- Movement Card

#### Your Supplies

- CD player



## brain game

2

#### Skills

- Classification
- Matching
- Reasoning

#### Provided Supplies

- Folder Game:  
Tiny Town Jobs
- Folder Game  
Pieces: Tiny Town  
Jobs

#### Your Supplies

- Scissors

### Folder Game: Tiny Town Jobs

#### Adult Preparation

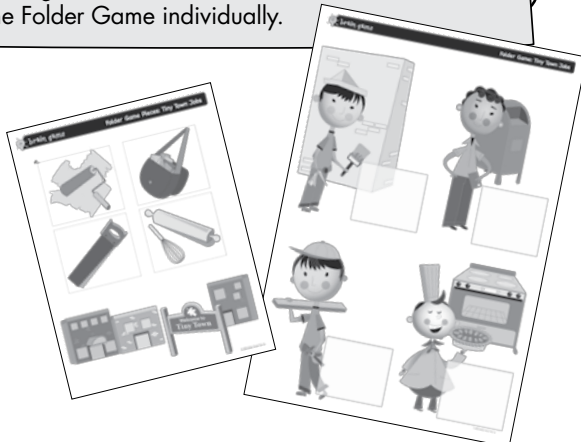
Cut out the Folder Game pieces.

#### Activity - Playing Directions

1. Place the Folder Game pieces facedown in a pile.
2. One child takes the first turn and takes a piece from the pile, and then tries to find its match on the Folder Game.
3. Repeat and continue until each child has had at least one turn.  
When all the pieces have been matched, put them facedown in a pile again to repeat the game.

#### Center Idea

Keep the game available so each child has a chance to use the Folder Game individually.



## art studio

4

### Scrap Box Art: Hammer Collage

#### Adult Preparation

- Use hammer pattern from Pattern Page B, and cut out a hammer shape from construction paper for each child.
- Set out the Scrap Box materials.

#### Activity - Children's Directions

1. Decorate a hammer shape in any way desired, using the Scrap Box materials.

#### Skills

- Creative art exploration
- Fine motor
- Spatial reasoning

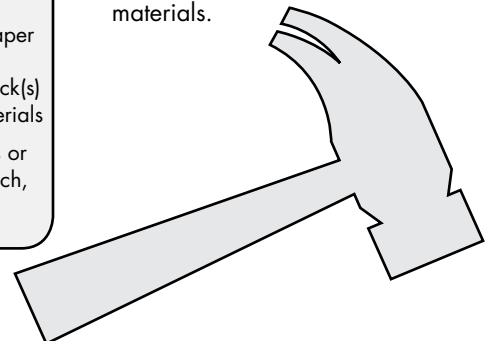
#### Provided Supplies

- Hammer pattern from Pattern Page B (found in Teacher Tool Bag)

#### Your Supplies

- Construction paper
- Scissors
- Glue or glue stick(s)
- Scrap Box materials

Optional: crayons or markers, hole punch, stapler, etc.



#### 2. Discussion:

- Who uses a hammer?
- Take turns naming other tools carpenters use.



## Kid chef

5

### Carpenter's Hammer

#### Skills

- Fine motor
- One-to-one correspondence
- Tasting

#### Shopping List

- Pretzel sticks
- Cheese
- Knife for ADULT use only

#### Adult Preparation

Cut cheese into ½-inch cubes.

#### Activity – Children and Adult

1. Take one pretzel stick for each cheese cube you take.
2. Gently push a pretzel stick into the center of a cheese cube to make a hammer.
3. Repeat with remaining cheese cubes and pretzel sticks.
4. Enjoy at lunch or snack time.

**Reminder:** Be sure to check for any food allergies within your group before doing this activity.



## writer's workshop

8

### Class Book: Working in Tiny Town

#### Skills

- Dictating thoughts and ideas
- Manipulating writing utensils
- Using scribbles to represent thoughts and ideas

#### Provided Supplies

- Class Book: Working in Tiny Town cover
- For each child
- Class Book: Working in Tiny Town page

#### Your Supplies

- Crayons
- Stapler

**Tip:** Children of all ages need many opportunities to develop their writing skills. Young children can participate in this activity by drawing shapes, scribbles, lines and designs. This is an important step in developing confidence in their writing skills. Encourage children to take ownership in their writing by reading to you what they have written.

**Did You Know?** Writing skills are also developed through manipulative play such as cutting, sorting, tracing, playing with play dough, using tongs to pick up cotton balls or drawing in sand.

#### Activity – Children and Adult

1. Use the following questions to help children formulate thoughts and dictate a sentence for their book page.
  - What are different types of jobs?
  - What do you do at these different jobs?
  - What is a job you would like to do?
  - Why do you want to do this job?
2. Children may dictate a sentence that is reflective of the discussion above. Encourage children (who are able) to write letters, words or sentences.
3. Children may also illustrate their pictures and write their name on their page.
4. Staple completed pages and cover together to create a book. (Or use a hole punch and bookbinder ring or yarn to assemble your class book.)
5. Gather together to read the class book.

#### Center Idea

Place all your class books here. Allow children to read the class books freely and to share them with their parents when they are picked up.



## art studio

6

### Pliers

For complete activity directions, see the instruction sheet in the Day 7 Materials Bag.

#### Skills

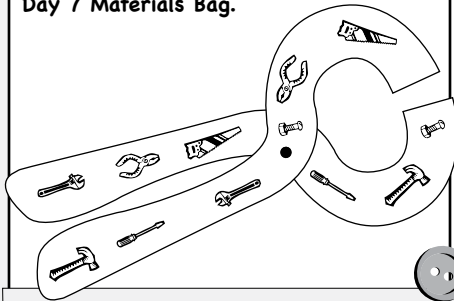
- Creative art exploration
- Fine motor
- Spatial reasoning

#### Provided Supplies

- For each child
- Two paper pliers halves
- Tool punch-out sheet
- Brass fastener

#### Your Supplies

- Crayons
- Glue or glue stick(s)



**Tip:** Let your children experience the process!



## tunes & twirls

7

### Carpenter's Song

**Tune of: Here We Go 'Round the Mulberry Bush Track 7**

**This is the way we saw the wood,** (pretend to saw the wood)

**saw the wood, saw the wood.**

(continue to move the saw back and forth)

**This is the way we saw the wood,** (snap fingers)

**so early in the morning.**

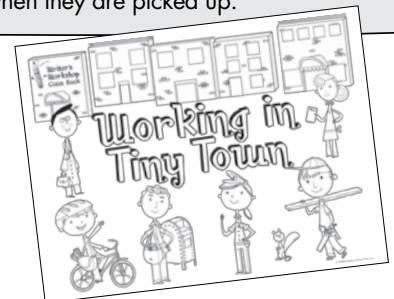
(twirl in a circle)

**This is the way we pound the nails ...** (pretend to pound the nails)

**This is the way we turn the screw ...** (pretend to turn the screw)

**This is the way we paint the walls ...** (pretend to paint a wall)


**This is the way we stack the bricks ...** (pretend to stack bricks)



**Day 15**


Friday, November 21, 2008

Theme: Pecan Pie




**circle time** 1

1. Greeting Song
2. Greet Each Child
3. Circle Time Calendar  
Today's Calendar Sticker - Chef
4. Weather Puppet
5. The Weather This Week
6. Daily Question  
Where do peanuts grow?



**fun facts about peanuts**

- Peanuts grow underground.
- The peanut is not a nut; it is part of the legume family (which includes peas and beans).
- Peanuts were originally used to feed pigs.



**book worm** 3

**Little Learning Cards**

**Adult Preparation**  
Cut apart the Little Learning Cards Ee and yellow. Encourage children (who are able) to cut apart their own Little Learning Cards.

**Activity - Children's Directions**  
Color the pictures on your Little Learning Cards yellow.

**Skills**


- Letter/color recognition
- Letter-sound connections
- Visual discrimination

**Provided Supplies**  
For each child

- Little Learning Cards Ee & yellow

**Your Supplies**

- Scissors
- Yellow crayon



**book worm** 2

**Learning Letter Card Ee**

**Adult Preparation**

- Cut along the dotted line to separate the picture cards from the Learning Letter Card Ee.
- Cut along the dotted lines to cut apart the picture cards.
- Also set out the Learning Letter Cards and picture cards Tt & Qq from Day 5.

**Activity - Children and Adult**

1. Point to the objects pictured that represent the letter's beginning sound for Ee.
2. Brainstorm other words with the same beginning sound(s). Match the picture cards to the corresponding letter.
3. Take turns placing the picture cards in any order desired. Encourage the children to read the picture cards aloud.

**Skills**


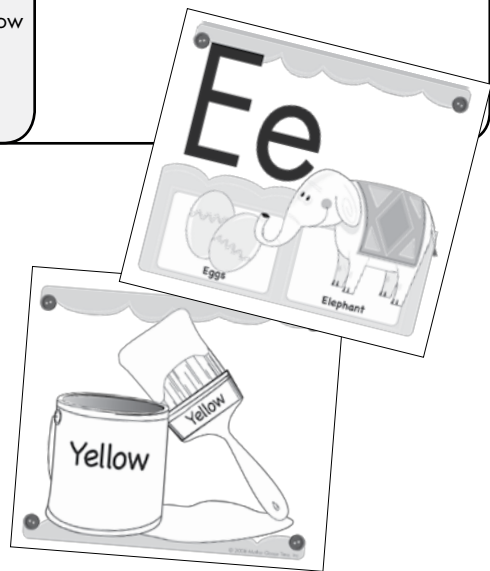
- Letter recognition
- Letter-sound connections
- Visual discrimination

**Provided Supplies**

- Learning Letter Card Ee
- Learning Letter Cards Tt & Qq and picture cards (from Day 5)

**Your Supplies**

- Scissors

**Tip:** Create even more picture cards that go with the letters E, T and Q by cutting pictures from magazines and gluing them onto small squares of paper.

**social skills** 4

**Little Learning Jump**

**Activity - Children and Adult**

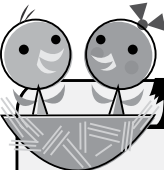
1. Children place their Little Learning cards in front of them, on the floor.
2. Jump over the letter E. Jump over the color yellow.
3. Repeat using other directives such as: stand, put your hand on, touch with your foot, etc.

**Skills**

- Auditory discrimination
- Cooperation
- Critical thinking

**Provided Supplies**

- Little Learning Cards from Book Worm activity







## american sign language 5

### Skills

- Imitating movement
- Language awareness
- Small-muscle control

### Provided Supplies

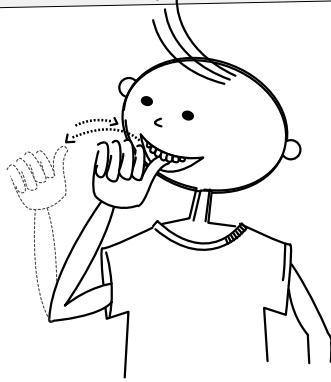
- ▢ American Sign Language Card – Nut

## Nut

### Activity – Children’s Directions

1. Learn and practice the sign for Nut.
2. Use the sign for nut with the remaining activities.

**Tip:** Signs pictured are shown from the perspective of the viewer. When teaching signs to the children, tell them that the person to whom they are signing needs to see it, as pictured.



## Day 15



## tunes & twirls 7

### Skills

- Following directions
- Gross motor
- Language

### Provided Supplies

- ▢ Tiny Town CD
- ▢ Movement Card

### Your Supplies

- ▢ CD player

## Crack This Nut

### Original Mother Goose Time Music Track 15

**How am I gonna crack this nut?**

(dance in your space)

**How am I gonna crack this nut?**

(shrug shoulder to the beat)

**I’ll tell you what, it is stuck shut!**

(clap hands together and hold together tightly)

**How am I gonna crack this nut?**

(tap foot to the beat)

**I’ll pound it, pound it, pound it, pound it.**

(crouch down low to the ground and pound against the ground)

**Crunch it, crunch it, crunch it, crunch it.**

(use foot and pretend to squish something on the ground)

**Cut it, cut it, cut it, cut it.** (clap hands against thighs)

**Something’s gotta crack this nut!** (tap foot to the beat)

*(Repeat twice)*



## writer’s workshop 6

### Skills

- Cutting
- Fine motor
- Shape recognition

### Provided Supplies

For each child

- ▢ Mother Goose’s Project Sheet

### Your Supplies

- ▢ Crayons
- ▢ Scissors
- ▢ Glue or glue stick(s)

## Mother Goose’s Project Sheet

### Activity – Children’s Directions

1. Use crayons to color the picture.
2. Cut off bottom strip.
3. Cut out each square with an acorn and glue onto your sheet. (Some children may need help cutting.)
4. Cut out the squirrel and glue onto the sheet.



## art studio 8

### Skills

- Cutting
- Creative art exploration
- Spatial awareness

### Provided Supplies

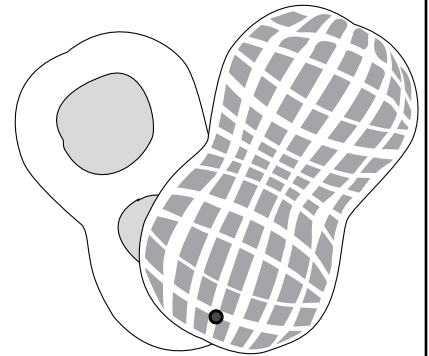
- ▢ Peanut shell punch-out sheet
- ▢ Small sheet of brown construction paper
- ▢ Brass fastener

### Your Supplies

- ▢ Scissors
- ▢ Glue or glue stick(s)
- ▢ Brown crayons

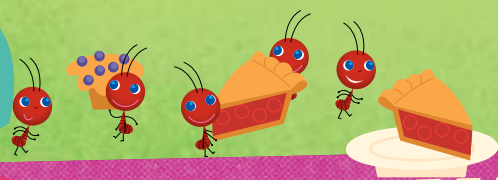
## Peanuts in a Shell

For complete activity directions, see the instruction sheet in the Day 15 Materials Bag.



**Tip:** Let your children experience the process!

Mother Goose Time is a professionally developed preschool curriculum, that nurtures the whole child and supports their social, emotional and intellectual growth.



www.mothersgoosetime.com  
800.523.6933

